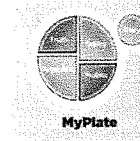


Elementary and Middle School Lunch

October 2018



Meal Pricing

Lunch: \$2.50
 Reduced: \$0.25
 Milk: \$0.50
 Adult: \$4.00



Alternate
 Meals
 Available:
 Chef Salad,
 PB&J, & Pizza

A Full Lunch includes a choice of entree supplying protein and 100% whole grains, up to 2 vegetable side dishes, 2 fruit choices, baby carrots and milk. Milk choices include 1% white, fat free chocolate and skim white.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Hamburger American Cheese Potato Smiles Vegetarian Beans	2 Chicken Nuggets Sweet Potato Waffle Fries Broccoli	3 Breaded Mozzarella Sticks Marinara Sauce Green Beans Superhero Side Salad	4 Turkey & American On A Roll Carrot Coins Heartzels	5 Big Daddy's Pizza Green Beans Side Salad
8 School Closed Happy Columbus Day 	9 Wg, Breaded Chicken Rings Sweet And Sour Sauce Cornbread Broccoli	10 Turkey Taco Meat Tostitos Scoops Shredded Lettuce Shredded Cheese Salsa Brown Rice	11 Cinnamon Glazed French Toast Sticks Syrup Hash Brown Mozzarella String Cheese	12 Round Pizza Mixed Veggies Side Salad
15 Hamburger American Cheese Potato Smiles Vegetarian Beans	16 Popcorn Chicken Tater Tots Dinner Roll Broccoli	17 Max Snack Con Queso Black Beans Sour Cream Salsa Cucumber	18 Turkey & American On A Roll Carrot Coins Heartzels	19 French Bread Pizza Green Beans Side Salad
National		School		Week
22 Meatballs Marinara Sauce Roll, Wg Mixed Veggies Superhero Side Salad	23 Crispy Chicken Sandwich Ketchup Side Salad Broccoli	24 Turkey Taco Boat. Shredded Lettuce Shredded Cheddar Sour Cream Salsa Refried Beans Corn	25 Cinnamon Glazed French Toast Sticks Syrup Mozzarella String Cheese Hash Brown Patty	26 Pizza, Calzone Broccoli Side Salad
29 Hamburger American Cheese Potato Smiles Vegetarian Beans	30 Chicken Nuggets Ketchup Sweet Potato Waffle Fries Side Salad	31 Breaded Mozzarella Sticks Marinara Sauce Green Beans Superhero Side Salad 		

This institution is an equal opportunity provider.

Menu subject to change

