
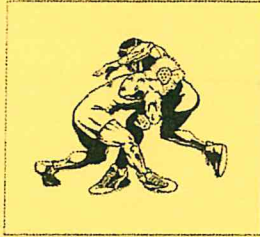


LONGWOOD WRESTLING

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Dear Friends,

The **Longwood Kid Wrestling Program** is preparing to begin its 43rd year! The program, which will take place at **Longwood Junior High School**, is open to K-6 students.

<u>Grades 3-6</u>	---	<u>Tuesdays and Thursdays</u>	---	<u>5:30 - 7:30</u>
<u>Grades K-2</u>	---	<u>Saturdays</u>	---	<u>10:00 - 11:30</u>

Registration will begin promptly at the beginning of each of the following practices: *1/3/19, 1/5/19, 1/8/19, 1/10/19, 1/12/19*. Please bring this completed form and have your child prepared for practice. All kid wrestlers should wear t-shirts, shorts and wrestling shoes or sneakers with laces. If you miss the first day, you may still register your child at the next practice. The wrestling program will end with a free in-house tournament in March (date to be announced). This program is intended for our Longwood Community only and parents are encouraged to help out with the program as well. Our coaching staff and Varsity wrestlers will supervise all sessions.

I am looking forward to seeing your children on the mat,

Elrich Bowlay-Williams

Longwood Varsity Wrestling Head Coach

COST FOR SESSION (January-March) - The registration fee will be \$50.00 per wrestler.

Please make checks payable to Longwood Wrestling Booster Club.

Parents are reminded that all children not in the program must be supervised at all times. No one is permitted outside the gymnasium area at any time. We want this program to be a fun learning experience.

If you have any questions, please call Coach Sarwari at (631) 338-1143 or email LWwrestling.boosterclub@aol.com

Please bring this permission slip with you at the time of registration. DO NOT SEND TO YOUR CHILD'S SCHOOL

Parent's name _____ Phone # _____

Address _____ Town _____

Wrestler's Name: _____ Grade _____ DOB _____

Wrestler's Name: _____ Grade _____ DOB _____

Wrestler's Name: _____ Grade _____ DOB _____